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Physiotherapy Practise  
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**EDUCATION:**

- 1999 - 2004 - Medical University in Lodz, a degree in physiotherapy
  - MS thesis: Differences in early post physiotherapeutic management after surgical treatment of the lumbar spine by conservative laminectomy and microdiscectomy.
  - MS supervisor: Prof. Andrzej Radek.

**WORK EXPERIENCE:**

- 1999 - present - physiotherapist in a Nursing Home in Piotrkow Trybunalski
- 2006 - teacher at the College of the Self-government of the Lodzkie Voivoidship
- 2007-2009 - City Sports Club "Piotrcovia" in Piotrkow Trybunalski - physiotherapeutic care of brown medalists in women hand ball (2008/2009)
- 2008 - present - Private Physiotherapy Practise

**SKILLS:**

Physiotherapy in spine dysfunctions, after injuries and surgical procedures of the knee, ankle and shoulder; sports medicine.

## **COURSES AND INTERSHIPS:**

2010 - course Manual Therapy according to IFOMT standard

2010 - course Stabilization of the cervical segment

2009 - advanced course Kinesiology Taping

2008 - basic course Kinesiology Taping

2007 - course Modern concept of joint stabilizations

2006 - course Modern concept of spine stabilization

2006 - course in Thera Band ball exercises

2003 - course Sling Exercise Therapy (S-E-T)

2001 - course Laser and magnetotherapy in rehabilitation