



**Second degree specialist in  
orthopaedics and traumatology**

## **CONTACT**

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212

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## **EDUCATION:**

2008 - PhD - "Evaluation of endoscopic treatment of popliteal cyst"

2007 Orthopaedic Training exam - 2nd result of test in Poland 2007

Medical University of Łódź, Poland 1997 - average score 4.2 (2-5)

## **WORK EXPERIENCE:**

**2010 - present - private surgery and contract for reconstructive and arthroscopic procedures - "MegaMed" - Bełchatów**

**2010 - present - contract for reconstructive and arthroscopic procedures - Provincial Hospital - Piotrków Trybunalski**

**2005 - present - Private Practice and private surgery - Artromedical Konrad Malinowski**

2010 - 2013 - private surgery - MML Medical Center - Private Clinic - Warsaw

2010 - 2011 - private surgery - Orthopedicum - Private Clinic - Cracow

2009 - 2009 - contract for reconstructive and arthroscopic procedures - Private Orthopaedic Department "Ortopedia" - Radom

2009 - 2009 - contract for reconstructive and arthroscopic procedures - Private Orthopaedic Department "EsteDerm" - Tarnowskie Góry.

2008 - 2010 - contract for reconstructive and arthroscopic procedures - Orthopaedic and Trauma Surgery Department -- District Hospital -Makow Mazowiecki

2007 - 2009 - Księży Młyn Medical Center - Private Orthopaedic Clinic - Lodz

1999 - 2008 - Orthopaedic and Trauma Surgery Department - Provincial Hospital in Bełchatów, Poland - assistant

VII 1998 - XII 1999 Orthopaedic and Trauma Surgery Department - voluntary work

IX 1999 - XII 1999 Casualty Ward

IX 1998 - IX 1999 Pathology and Forensic Medicine Department

1997 - 1998 Provincial Hospital in Bełchatów, Poland - internship

1991-1995 Endocrinologic Surgery Clinic - University of Łódź - voluntary work  
Co-authority of experimental study "Autotransplantation of Pancreatic Islets in Rabbits"

## **FELLOWSHIPS AND CLINICAL TRAININGS:**

2014 March - clinical training in arthroscopic hip surgery District Hospital Horsens - Danmark ( Dr Bent Lund)

2013 November - clinical training - ACL reconstruction - new approach - Porto - Portugal - (dr Alcindo Silva) - (Biomet)

2013 April - clinical training in arthroscopic shoulder surgery San Antonio Orthopaedic Group Texas, USA (Steven S. Burkhart MD)

2012 June - clinical training in hip surgery - Hospital For Special Surgery New York, USA( Robert L Buly MD)

2011 June - clinical training in hip arthroscopy - Berlin, Germany (Dr Aleksander Moser)

2011 April - clinical training in using of Growth Factors in sport ortopaedics surgery Santiago Private Hospital Setubal, Portugal -( Dr. Henriqe Jones)

2010 May - clinical training in mini invasive hip surgery Dexeus University Institute Barcelona, Spain - (Dr. Manuel Ribas)

2010 March - clinical training in arthroscopy and surgery of foot and ankle University of California UC Davis Sacramento, USA (Eric Giza MD Prof.)

2010 February - clinical training in arthroscopic and open shoulder surgery Istituto Clinico Humanitas - Milan, Italy (Alessandro Castagna MD PhD)

2008 August - clinical training in surgery of multiligament injuries of the knee, sports medicine and shoulder surgery. University of Minnesota, USA (Robert F. La Prade MD, PhD, Prof.)

2008 August - clinical training in arthroscopic and open shoulder surgery San Antonio Orthopaedic Group Texas, USA (Steven S. Burkhart MD)

2006 October - November - mini fellowship in orthopaedics, sports medicine, knee, shoulder, hip and ankle surgery and arthroscopy, cartilage reconstructive surgery Santa Monica Orthopaedic and Sports Medicine Group Santa Monica, California (Bert R. Mandelbaum MD)

2005 July - clinical training in sports medicine, knee, shoulder surgery and arthroscopy, Department of Orthopaedic Sports Medicine Technical University of Munich, Germany (Univ.-Prof. Dr. A.B. Imhoff)

2005 June - July - fellowship in sports medicine, knee, shoulder, ankle, groin surgery and arthroscopy, PRP and growth factors Gabinete C.O.T Clinica Del Pilar ISAKOS-Approved Teaching Center Barcelona, Spain (dr Ramon Cugat)

2003 September - December - fellowship in knee and shoulder surgery, arthroscopy and sports medicine Orthopaedic Arthroscopic Surgery International Milan, Italy (Alberto Gobbi MD)

2003 February - clinical training in sports traumatology, sports medicine, knee and shoulder surgery and arthroscopy Carolina Medical Center Warsaw, Poland (dr Robert Śmigielski)

## **ARTHROSCOPY AND SPORTS ORTHOPAEDICS EXPERIENCE:**

More than 5000 operative and reconstructive knee arthroscopies and procedures - about 4 ACL reconstructions a week - hamstrings, BPTB, QTB; all inside meniscal sutures, all inside patellar realignment: MPFL, PCL, PLC, MCL, LCL, ALL reconstruction and repair

Around 600 endoscopic popliteal cyst treatments

About 2 operative shoulder arthroscopies a week

About 1 ankle arthroscopies and reconstructions a month

About 2 hip mini or arthroscopic surgery a week

About 1 wrist and elbow arthroscopic surgery a month

More than 9 years experience in PRP and autologous growth factors in sport orthopaedic surgery

## **COURSES AND CONFERENCES:**

2014 - November - 6th International Hip Arthroscopy Meeting - Munich - Germany

2014 - November - Sports Medicine Knee Arthroscopy Advanced Course - cadver course (Faculty, trainer) - Rotterdam - Netherlands

2014 - October - 4th Wierzejewski Hip Symposium (presentation) - Warsaw - Poland

2014 - September 25th SECEC - ESSSE annual meeting - Istanbul - Turkey

2014 - April- ESSKA meeting - Amsterdam - Netherlands (2 oral presentations, 2 posters)

2014 - March - TTT - (train the trainers) - Warsaw - Poland

2014 - February - Sports Medicine - Foot and Ankle Arthroscopy Advanced Course - Warsaw - Poland

2014 - February - Barnese Hip Symposium - Bern - Swiss

2013 - September - 30 AGA congress - Wiesbaden - Germany (oral presentation and poster)

2013 - April - Arthroscopy Asociacion of North America(AANA) Annual Meeting San Antonio, USA (e-poster presenter)

2013 - March - Głucholaskie Arthroscopic Workshop - Knee - cadaveric course - Głucholazy - Poland (lecturer, trainer)

2013 - March - TTT - (Train the trainers) - shoulder cadavers- Alessandro Castagna - Gross Gerau - Germany

2012 - November - International Hip Arthroscopy Meeting - Munich - Germany

2012 - October - Głucholaskie Arthroscopic Workshop - Shoulder - cadaveric course - Głucholazy - Poland (lecturer, trainer)

2012 - September - ISHA (e -poster presenter) Boston - USA

2012 - June - AANA Arthroscopic Wrist and Elbow Cadaver Course - Rosemont - USA

- 2012 - May - International Hip Arthroscopy Cadaver Course - Gross Gerau - Germany
- 2012 - May - 15th Congress of ESSKA- Geneve - Swiss - (presentations and poster presenter)
- 2012 - April - 9th International Course of Arthroscopic Techniques - Ljubljana - Slovenia - (faculty, trainer)
- 2012 - March - 2011 March- 7th - Głucholaskie Arthroscopic Workshop - Knee - cadaveric course (trainer, lecturer) - Głucholazy - Poland
- 2012 - January - Polish / Bosnian Arthroscopy of Shoulder, Knee and Hip Cadaver Course - Gross Gerau - Germany (head, lecturer, trainer)
- 2012 - January - Train The Trainer - trainer's meeting Linvatec - Warsaw - Poland (lecturer, trainer)
- 2011 November - Annual scientific meeting ISHA (International Society of Hip Arthroscopy) Paris - France
- 2011 October - Practical Cadaveric Course of hip arthroscopy - Gross Gerau - Germany
- 2011 September - Miniinvasive and Arthroscopic Hip Surgery Biodra - Białowieża (organiser, lecturer, trainer)
- 2011 May - 8th Congress of ISAKOS (International Society of Arthroscopy Knee Surgery And Orthopaedics and Sports Medicine) - Rio de Janeiro - Brasil (presenter)
- 2011 March- 6th - Głucholaskie Arthroscopic Workshop - Shoulder -cadaveric course (trainer, lecturer)
- 2010 November - 4th International Congress of Hip Arthroscopy - Munich - Germany
- 2011 - March - I international course of wrist arthroscopy - Cracow - Poland
- 2011- January - Train The Trainer - trainer meeting Linvatec - Warsaw- Poland (lecturer, trainer)
- 2010 - November - 4th International Congress of Hip - Munich - Germany
- 2010 - October - Osteochondral Lesion in ankle (Niek van Dijk) - Bielsko - Biała - Poland
- 2010 - June - 14th Congress of ESSKA- Oslo - Norway
- 2010 - April - Application of Autologous Growth Factors and Marrow Stem Cells in Orthopaedics and Sports Medicine - Warsaw - Poland
- 2010 - April - Shoulder Arthroscopy - 5th Arthroscopic Course and Workshops - Cadaver course - Linvatec - Glucholazy - Poland
- 2010 - March - improving course in arthroscopic and open surgery of foot and ankle Medical - Arthrex - Tracy, USA

2010 - March - American Academy of Orthopaedic Surgeons (AAOS) 2010 Meeting  
New Orleans, USA

2009 - October - New directions in surgery of Posterior Cruciate Ligament (M.  
Strobel) - Bielsko Biala - Polska

2009 - June - I International Congress of Sport Traumatology and Arthroscopy for  
Central - Eastern Europe - Warszawa - Polska

2009 - May - Arthroscopy Asociacion of North America(AANA) Meeting San Diego,  
USA

2008 - Oktober - Knee Arthroscopy Cadaver Course - SFA/ESSKA 2000 - Strasbourg,  
France

2008 - September - April - Train the Trainer Program - Shoulder. Linvatec -  
Gross-Gerau - Germany

2008 - May - 13th ESSKA 2000 Congress - Porto - Portugal

2008 - April - Anterior Cruciate Ligament Tear - 1st Arthroscopic Course and  
Workshops - Linvatec - Glucholazy - Poland

2007 - October - New directions in shoulder surgery (L. La Fosse) Bielsko Biala -  
Poland

2007 - September - 7th ICRS Congress - Warsaw - Poland

2007 - September - 3rd International Congress of Polish Sports Traumatology  
Association Congress (oral presentation)

2007 - June - 7th Amsterdam Foot & Ankle Course 2007 Amsterdam Holland

2007 - May - 7th ISAKOS Congress - Florence - Italy (oral presentation)

2007 - April - Train the Trainer Program - Knee. Linvatec - Gross-Gerau - Germany

2006 - October - Visitor in Southern California Orthopaedic Institute Van Nuys in  
California (Steven Snyder MD)

2006 - October - Advanced Concepts in ACI - Cartilage Restoration Course Beverly  
Hills in California

2006 - October - Cartilage Restoration of Knee and Shoulder Course- Santa Monica  
in California

2006 - October - Masters Course in Shoulder Surgery - Kerlan-Jobe Orthopaedic

Clinic  
Santa Monica in California

2006 - October - New Concepts in Anterior Cruciate Ligament Surgery - Bielsko-Biała in Poland

2006 - June - Cartilage and subchondral bone pathologies - 2nd Meeting of Polish ICRS Club - Warszawa in Poland

2006 - June - Shoulder Arthroscopy Course - Bielsko- Biała in Poland

2006 - May - Clinical Anatomy Course - Shoulder -12th ESSKA 2000 Congress - Innsbruck, Austria

2006 - May - Clinical Anatomy Course - Knee -12th ESSKA 2000 Congress - Innsbruck, Austria

2006 - May - 12th ESSKA 2000 Congress - Innsbruck, Austria

2005 - November - Anterior Cruciate Ligament Injuries - Conference of Silesian Medical University and Silesian Arthroscopic Forum in Żory, Poland

2005 October - 2nd International Congress Polish Sports Traumatology Association (EFOST) "Soft Tissue Trauma in Sport" in Warsaw, Poland

2005 September - 19th Congress of the European Society for Surgery of the Shoulder and Elbow (ESSSE) in Rome, Italy

2005 May - Mitek Knee Academy: ACL reconstruction and revision surgery combined with cadaver lab in Vienna, Austria

2005 February - Anterior Cruciate Ligament Diagnostic and Treatment Difficulties Symposium of PSTA and GOTS in Wrocław, Poland

2005 January - 1st International Conference Tissue Engineering in Orthopaedics and Cartilage Reconstruction Technique Course (ICRS) in Warsaw, Poland

2004 December - Shoulder Arthroscopy Cadaver Course (ESSSE, SECEC) in Strasbourg, France

2004 December - 2nd Course of diagnostic and treatment of shoulder and knee injuries combined with hands-on workshop and live surgery (Linvatec) in Łódź, Poland

2004 November - 2nd Instructional Course of diagnostic and treatment of shoulder diseases combined with arthroscopic and arthroplasty workshops in Łódź, Poland

2004 October - Shoulder arthroscopy course combined with workshops in

Bielsko-Biała, Poland

2004 August – Knee Injuries in Children Evaluation and Treatment Symposium of Polish Sports Traumatology Association, Warsaw, Poland

2004 April – Course on Advanced Life Support and Reanimation in Łódź, Poland

2003 November – 7th International Conference Orthopaedics, Biomechanics, Sports Rehabilitation in Assisi, Italy

2003 September – 1st Instructional course of diagnostic and treatment of traumatic anterior recurrent shoulder instability and rotator cuff tears combine with shoulder ultrasonographic workshop (SECEC, ESSSE) in Łódź, Poland (course)

2003 January – Course: Treatment of ACL, Meniscus and Cartilage Injuries Medical University of Warsaw and Arthrex in Warsaw, Poland

2002 November – Navigation in Orthopaedics Conference of Medical University of Warsaw and Aesculap in Warsaw, Poland

2002 November – Current Methods of Diagnostic and Treatment of Septic Complications in Orthopaedics Conference of Medical University of Warsaw in Warsaw, Poland

2002 October – Trauma and Injuries in Soccer. Diagnostic and Treatment (FIFA) in Warsaw, Poland

2002 March – Treatment of Cruciate Ligaments Injuries Carolina Medical Center (symposium) Warsaw, Poland

2001 June – International Symposium Polish Society for Orthopaedics and Traumatology Perthes Disease in Łódź, Poland

2000 October – II Congress "Surgery in Casualty Ward" in Poznań, Poland

2000 September – XXXIII Convention of Polish Society for Orthopaedics and Traumatology in Krakow, Poland

## **PRESENTATIONS, POSTERS:**

2014 - November - Sports Medicine Knee Arthroscopy Advanced Course - Rotterdam - Netherlands

Konrad Malinowski - PCL tear - what I do

2014 - October - 4th Wierzejewski Hip Symposium - Warsaw - Poland

P.Jancewicz,K.Hermanowicz,K.Kuźma, K. Malinowski, A.M. Moser - Treatment Of Osteochondral Leasions In Dysplastic Hip

2014 April - ESSKA meeting - Amsterdam

1. Konrad Malinowski, Rafał Wiecek, Krzysztof Hermanowicz, Piotr Jancewicz, Konstanty Kuzma, Marek Synder "External Snapping Hip - Direct Assessment of Origin and Evaluation of New Endoscopic Technique (oral presentation)
2. P. Jancewicz, K. Hermanowicz, K. Kuźma, K. Malinowski Miniinvasive hip osteonecrosis surgical treatment with composite adult autologic mesenchymal stem cells (aMsc) grafting procedure - early results (oral presentation)
3. Konrad Malinowski, Rafał Wiecek, Krzysztof Hermanowicz, Piotr Jancewicz, Konstanty Kuzma, Marek Synder Evaluation of complete all-inside, nonabsorbable, vertical sutures, lateral and medial meniscus repair technique based on more than 150 cases and 6 years of experience (poster)
4. Konrad Malinowski, Rafał Wiecek, Krzysztof Hermanowicz, Piotr Jancewicz, Konstanty Kuzma, Marek Synder Evaluation of simple, fast technique of popliteal cyst arthroscopic/ endoscopic treatment based on more than 200 cases and 9 years of experience

2014 April - Sport Medicine Knee Arthroscopy Advanced Course - cadaver course - (Biomet) - (faculty - presenter, instructor)

Malinowski K - PCL injuries

2013 September - II congress Miniinvasive and Arthroscopic Hip Surgery Biodra - Białowieża (organiser, lecturer, trainer)

1. Malinowski K, Więcek R Endoscopy around the hip
2. Malinowski K, Więcek R - Mini-invasive treatment of FAI - own observation

2013 - September - 30 AGA congress - Wiesbaden - Germany (oral presentation ,poster)

1. Malinowski K, Wiecek R Hermanowicz K, Jancewicz P, Kuźma K, Synder M Evaluation of simple technique of popliteal cyst arthroscopic/ endoscopic treatment based on more than 200 cases and 9 years of experience. (oral)
2. Malinowski K, Wiecek R Hermanowicz K, Jancewicz P, Kuźma K, Synder M Evaluation of complete all-inside, nonabsorbable, vertical sutures, lateral and medial meniscus repair technique based on more than 100 cases (poster)

2013 - April - Arthroscopy Asociacion of North America(AANA) Annual Meeting San Antonio, USA

Malinowski K, Wiecek R Hermanowicz K, Jancewicz P, Kuźma K, Synder M Endoscopic Treatment of External Snapping Hip Evaluation of New Technique (e-poster)

2012 - September - Głucholaskie Arthroscopic Workshop - Shoulder - cadaveric course - Głucholazy - Poland (lecturer, trainer)

- 1) Malinowski K - Rotator Cuff - pathologies, treatment
- 2) Acromioplasty and AC joint pathologies treatment

2012 - September - ISHA (e -poster presenter) Boston - USA

Malinowski K, Wiecek R Hermanowicz K, Jancewicz P, Kuźma K, Synder M  
"Endoscopic Treatment of External Snapping Hip - Evaluation of New Technique"

2012 - May - 15th Congress of ESSKA- Geneve - Swiss

1. Hermanowicz K, Jancewicz P, Kuzma K, Malinowski K - Arthroscopic mesenchymal stem cells reconstruction of bone and joints defects in large ankle defects: preliminary report (oral presentation)
2. Hermanowicz K, Jancewicz P, Kuzma K, Malinowski K - Surgical treatment of MCL tears in acute and old multiligament injuries - comparative study (oral presentation)
3. Malinowski K, Wiecek R Hermanowicz K, Jancewicz P, Kuźma K, Synder M - Platelet - Rich Plasma in ACL Quadriceps Tendon Bone reconstruction. Inflammatory response, tunnel widening and proprioception afterwards( e - poster)

2012 - September - Głucholaskie Arthroscopic Workshop - Shoulder - cadaveric course - Głucholazy - Poland (lecturer, trainer)

- 1) Malinowski K - Rotator Cuff - pathologies, treatment
- 2) Acromioplasty and AC joint pathologies treatment

2012 - September - ISHA (e -poster presenter) Boston - USA

Malinowski K, Wiecek R Hermanowicz K, Jancewicz P, Kuźma K, Synder M  
"Endoscopic Treatment of External Snapping Hip - Evaluation of New Technique"

2012 - May - 15th Congress of ESSKA- Geneve - Norway

- 1) Hermanowicz K, Jancewicz P, Kuzma K, Malinowski K - Arthroscopic mesenchymal stem cells reconstruction of bone and joints defects in large ankle defects: preliminary report
- 2) Hermanowicz K, Jancewicz P, Kuzma K, Malinowski K - Surgical treatment of MCL tears in acute and old multiligament injuries - comparative study
- 3) Malinowski K, Wiecek R Hermanowicz K, Jancewicz P, Kuźma K, Synder M - Platelet - Rich Plasma in ACL Quadriceps Tendon Bone reconstruction. Inflammatory response, tunnel widening and proprioception afterwards

2012 - March - 2011 March- 7th - Głucholaskie Arthroscopic Workshop - Knee - cadaveric course - Głucholazy - Poland

- 1) Malinowski K, Wiecek R - Current treatment of meniscus pathologies

2012 - January - Polish / Bosnian Arthroscopy of Shoulder, Knee and Hip Cadaver Course - Gross Gerau - Germany (Head, lecturer, trainer)

- 1) Malinowski K - OCD healing response arthroscopic reattachment with SmartNails
- 2) Malinowski K - Complete, partial PCL tear what I do ?
- 3) Malinowski K - Meniscus all inside repair - Spectrum - my technique
- 4) Malinowski K - ACL easy ?
- 5) Malinowski K - Shoulder - Instability
- 6) Malinowski K - Shoulder - Rotator cuff

2012 - January - Train The Trainer - trainer's meeting Linvatec - Warsaw - Poland

- 1) Malinowski K OCD healing response - arthroscopic reattachment with SmartNails
- 2) Malinowski K Arthroscopic treatment of partial PCL tears - own technique and experience
- 3) Malinowski K All inside meniscus suture - analysis of 114 of own cases

2011 September - Miniinvasive and Arthroscopic Hip Surgery Biodra - Białowieża

- 1) Malinowski K, Więcek R - Mini-invasive treatment of FAI - own observation
- 2) Malinowski K, Więcek R - Endoscopic treatment of external snapping hip - my experience

2011 - May - 8th Biennial Isakos Congress - Rio de Janeiro - Brazilia

- 1) Konrad Malinowski, Rafał Więcek, Wojciech Banaszek, Michał Derczyński, Krzysztof Hermanowicz, Piotr Jancewicz, Konstanty Kuźma, Marek Synder  
"Platelet - Rich Plasma in ACL Quadriceps Tendon Bone reconstruction. Inflammatory response, tunnel widening and proprioception afterwards"  
E - Poster presentation

2011 - March - VI Głucholaskie Warsztaty Artroskopowe - Arthroscopy of the Shoulder Cadaver Course:

- 1) Malinowski K "Subacromial decompression and resection of distal clavicle"

2011 - January - Train The Trainer - trainer meeting Linvatec - Warsaw - Poland

- 1) Malinowski K "Femoroacetabular impingement FAI - mini open treatment"

2) Malinowski K " Arthroscopic treatment of external snapping hip"

3) Malinowski K " Operative treatment of Achilles insertion enthesopathy "

2010 April - Application of Autologous Growth Factors and Marrow Stem Cells in Orthopaedics and Sports Medicine - Warsaw - Poland

1) Malinowski K., Więcek R., Banaszek W., Derczyński M., Kabziński M., Ławski P., Świąder E. " Early results of QTB ACL reconstruction with PRP"

2) Gobbi A., Boldrini L., Bathan L., Malinowski K. " Primary repair and bone marrow stimulation in acute partial ACL tear"

2009 - April - Malinowski K, Koniarski A, Synder M "Popliteal Cyst: Comparison of Complete Endoscopic to Intensive Nonoperative Treatment" podium presentation

2009 AANA Annual Meeting in San Diego, Kalifornia - USA

2008 May - Malinowski K, Koniarski A, Niemyjski W, Synder M "Comparison of nonoperative and endoscopic treatment of popliteal cyst" - poster presentation 13th ESSKA 2000 Congress Porto 2008

2008 April - trainer - Anterior Cruciate Ligament Tear - 1st Arthroscopic Course and Workshops - Linvatec - Glucholazy - Poland:

1) Malinowski K. "Selection, harvesting and preparation of the graft for ACL reconstruction - BPTB, STG, QTB"

2) Gobbi A., Arrigoni P., Boldrini L., Malinowski K., "Healing Stimulation Technique for Acute Partial ACL Tear"

3) Malinowski K. "New directions in ACL reconstruction good or bad choice?"

4) Malinowski K., Koniarski A., Niemyjski W. "Endoscopic treatment of popliteal cyst"

2007 November - trainer - 4th Linvatec Meeting - arthroscopic course - Lodz - Poland:

1) Malinowski K. "Selection, harvesting and preparation of the graft for ACL reconstruction - BPTB"

2) Malinowski K. "Selection, harvesting and preparation of the graft for ACL reconstruction - STG"

3) Malinowski K. "Selection, harvesting and preparation of the graft for ACL reconstruction - QTB"

2007 September - Malinowski K., Koniarski A., Niemyjski W. "Endoscopic treatment of popliteal cyst"- 1st. prize for best Orthopaedic Study - 3rd International Congress of Polish Sports Traumatology Association Congress

2006 May - Malinowski K., Koniarski A., Niemyjski W. "Endoscopic treatment of popliteal cyst " - 6th Biennial ISAKOS Congress

2006 February - Malinowski K., Koniarski A., Niemyjski W. Endoscopic treatment of popliteal cyst. Conference of Polish Society for Orthopaedics and Traumatology . (1st prize for young investigators)

2003 January - Malinowski K., Bogdan J. Evaluation of Clancy technique in Anterior Cruciate Ligament reconstruction. Midterm results. Conference of Polish Society for

Orthopaedics and Traumatology

2002 October – Malinowski K., Niemyjski W., Bogdan J Treatment of Acute Injuries of the knee. Conference of Polish Society for Orthopaedics and Traumatology

## **COURSE AND TRAINING INSTRUCTOR**

2014 - November - Sports Medicine Knee Arthroscopy Advanced Course - cadaver course (Faculty, trainer) - Rotterdam - Netherlands

2014 April - Sport Medicine Knee Arthroscopy Advanced Course - cadaver course - (Biomet) - (faculty + trainer)

2014 March - Arthroscopic and Miniinvasive hip surgery - Live op course - Surgeon / Instructor - (Biomet) - Piotrkow Trybunalski - Poland

2013 September - Miniinvasive and Arthroscopic Hip Surgery Biodra - Białowieża (organizer, lecturer, trainer)

<http://www.biodro2013bialowieza.pl/?str=glowna&lang=en>

2012 - June - demonstration surgeries and instructionals of arthroscopic techniques knee, shoulder, Hip for German doctors (Linvatec) - Piotrkow Tryb. / Belchatow - Poland

2012 - April - 9th International Course of Arthroscopic Techniques - Ljubljana - Slovenia - faculty, trainer on cadaveric course

2012 - March - 2011 March- 7th - Głucholaskie Arthroscopic Workshop - Knee - cadaveric course - Głucholązy - Poland

2012 - January - head, only lecturer and trainer - Polish / Bosnian Arthroscopy of Shoulder, Knee and Hip Cadaver Course - Gross Gerau - Germany

2012 - January - Live Surgery - Hip mini open, ACL QTB - Lubaczów - Poland

2011 September - Miniinvasive and Arthroscopic Hip Surgery Biodra - Białowieża (organiser, lecturer, trainer)

2011- December- Live surgery - Private Clinic "Arthmed" - Olsztyn Arthroscopic ACL revision surgery

2011 - March - lecturer and trainer Organize Committee- VI Głucholaskie Warsztaty Artroskopowe - Arthroscopy of the Shoulder Cadaver Course - Głucholązy - Poland

2011- February - Live surgery - Private Clinic "Arthmed" - Olsztyn Arthroscopic surgery of shoulder instability and rotator cuff tear

2010 - October - Live surgeries - Private Clinic "Arthmed" - Olsztyn

Double Bundle MCL reconstruction - revision, Arthroscopic anterior and posterior ankle and subtalar release - revision, arthroscopic all inside meniscus sutures

2010 - August - Live Surgery - Provincial Hospital Piotrków Trybunalski - Mini Invasive FAI treatment

2010 Maj - Live Surgeries- District Hospital Maków Maz. Revision ACL, Arthroscopic surgery of rotator cuff tear

2010 April - Live Surgeries - multiligament knee instability - application of PRP - Biomet Biologic Europe

2010 - March - Live Surgeries - District Hospital Maków Maz. PCL reconstruction with additional stabilization - wedge

2010 - March - Live Surgeries - District Hospital Maków Maz. MCL double bundle, ACL QTB

2010 - February - Live Surgeries - District Hospital Maków Maz. QTB ACL reconstruction with PRP

2008 - March - lecturer and trainer - I Głuchołaskie Warsztaty Artroskopowe - Arthroscopy of the Shoulder Cadaver Course - Głuchołazy - Poland

2007 - November - lecturer and trainer - IV Arthroscopic Linvatec Meeting - Łódź, Poland

2007 - July - Live Surgery - ACL reconstruction with hamstrings - Wysokie Mazowieckie, Polska

## **PUBLICATIONS:**

Malinowski K, Synder M, Sibiński M. Selected cases of arthroscopic treatment of popliteal cyst with associated intraarticular disorders. Primary Report. OrtopTraumatol Rehabil 2011 Dec 30;13(6):573-82

Gobbi A, Nunag P, Malinowski K. Treatment of full thickness chondral lesions of the knee with microfracture in a group of athletes. Knee Surg Sports Traumatol Arthrosc. 2005Apr;13(3):213-21.

Gobbi A., Malinowski K., Vitali M., Zanazzo M. Why should we sacrifice the gracilis in ACL hamstring reconstruction? 2005 Wint. Vol 9, Issue1 Newsletter ISAKOS

## **LANGUAGES:**

English - fluent

Russian – intermediate

## **PROFESSIONAL ORGANISATIONS:**

ISAKOS

ESSKA

Polish Arthroscopic Association

Polish Sports Traumatology Association

Polish Society for Orthopaedics and Traumatology

## **INTERESTS:**

Sports Medicine and Arthroscopy

Sports: Windsurfing, Skiing, Sailing

## **REFERENCES:**

Available on request